

From preventative approaches to palliative care at the end life – Long-term care pathways and responses from Europe



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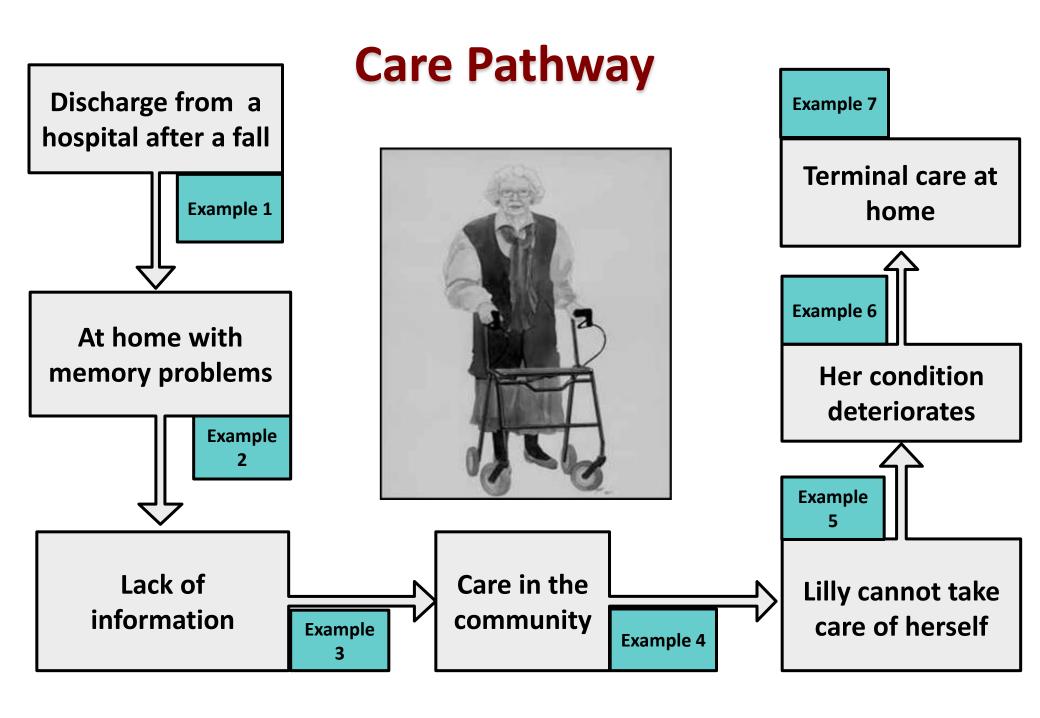
Care Pathway Discharge from hospital after a fall **Terminal care at** home At home with memory problems Her condition deteriorates Lack of Care in the Lilly cannot take information community care of herself

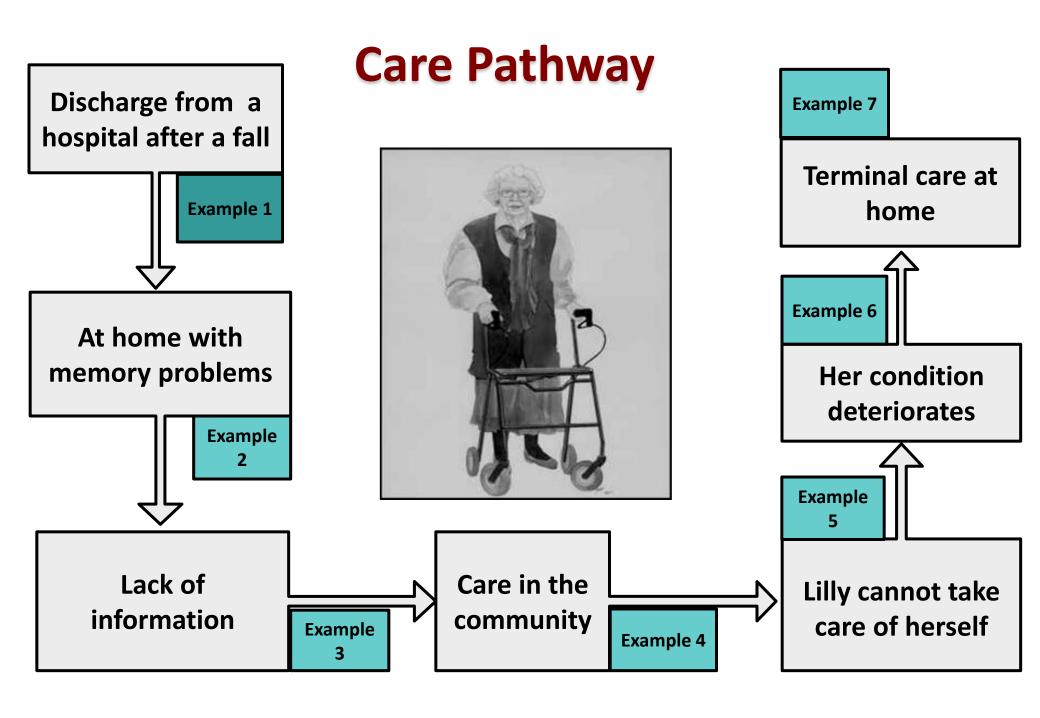




Meet Mrs. L.T. Care (Lilly)

- First name: Lilly Theodora
- 81 years old
- Piano teacher
- Lives in a small village with her partner, who is 83 years old
- Her partner is partly blind
- One daughter (63), lives 65 kilometers away
- She can still walk short distances
- Lilly and her partner receive domestic care (four hours per week)







Lilly is in a general hospital after a fall. At home after discharge, she can still walk very short distances but she cannot take care of herself and her partner cannot take care of her. Her daughter lives too far away to take care of them. She cannot go to a rehabilitation centre because she needs to take care of her partner, who is partially blind ...

How could they deal with this problem?

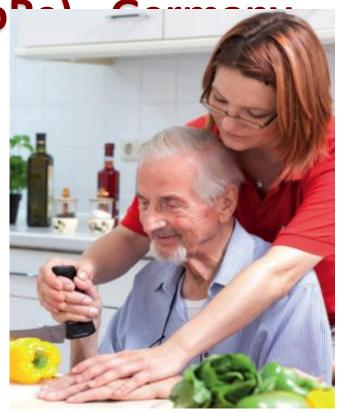
Domiciliary Rehabilitation | MoRe (Germany)

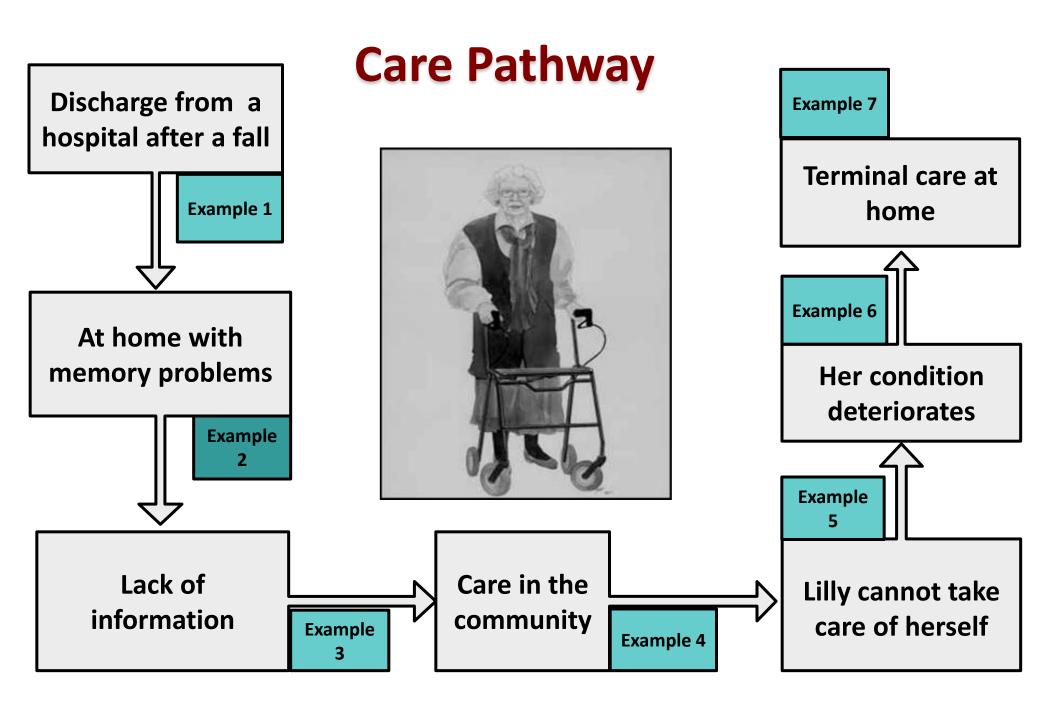
Susanne Kümpers, University for Applied Studies Fulda



Domiciliary Rehabilitation (Mo

- Outpatient rehabilitation, with the multidisciplinary team coming into the home
- Rehabilitation of functional abilities, involving and supporting the partner or other carers, maintaining social inclusion
- Eligible for (mostly older) people who could not attend other forms of rehabilitation successfully
- Prevention or postponement of care home admissions, stabilising fragile informal care arrangements









When her daughter and partner notice that Lilly is having more memory problems, they get worried and do not know who to turn to. How and where can they get the right information, help and support during this difficult time? Where could they find a nice place to talk to other people about dementia?

Alzheimer Café (The Netherlands)

Sabina Mak, Vilans, Utrecht



Alzheimer Café (The Netherlands)

- Informal meeting (monthly)
- People with dementia, their families, professionals
- Exchange experiences and information
- Diversity: Alzheimer Tea Houses (Turkish and Moroccan)



interlinks

220 Alzheimer Cafés in the Netherlands



interlinks

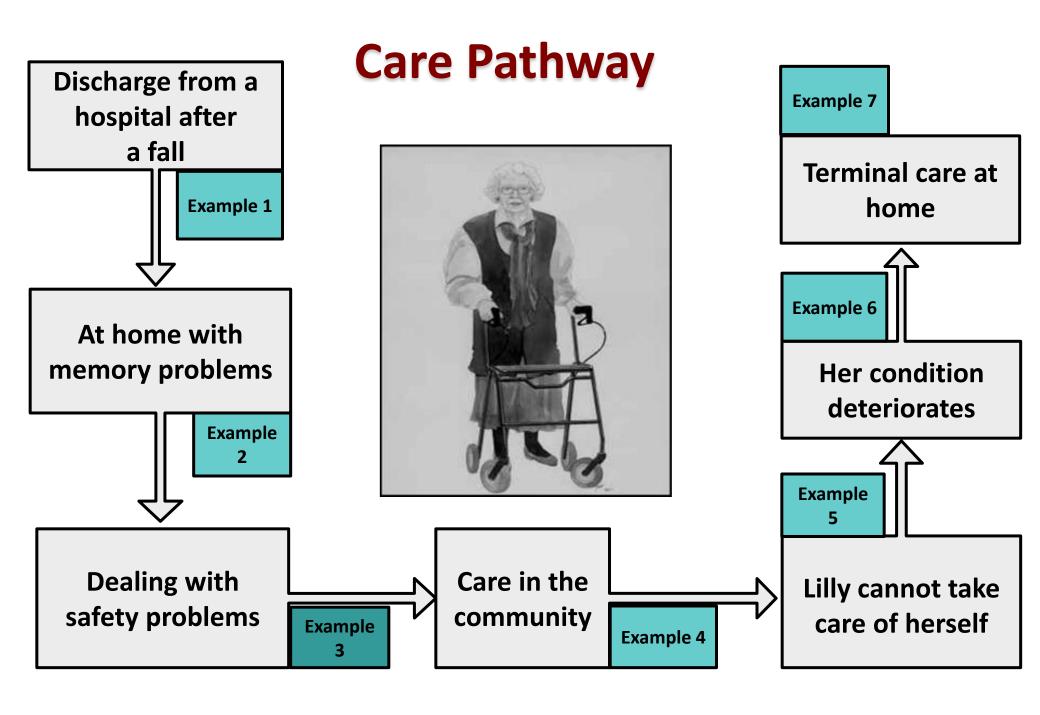
Health systems and long-term care for older people in Europe. Modelling the interfaces and links between prevention, rehabilitation, quality of services and informal care













When Lilly gets diagnosed with Alzheimer's disease, questions about safety in and around her home arise. What if she goes out and does not find her way back again?

Equinoxe: Safety at home through ICT applications (France)

Michel Naiditch, IRDES, Paris

interlinks

Equinoxe: Safety at home through ICT applications (France)

- GPS-bracelet helps to find Alzheimer's patients who 'wander'
- Supports people with dementia through their families and local volunteers
- Lilly can move safely in a defined area and her family do not have to be on constant alert
- The application is relatively cheap and easy to use

